

(English)

Prayer for the 7 Gifts and Twelve Fruits

Almighty Holy Triune God, † Father, Son, and Holy Spirit, we come to You with a humble, open heart.

Everything we hear, speak, see, feel, and receive from You, we place into Your Holy Hands, so that we are always with You, love You, and are faithful¹.

Please, grant us the 7 Gifts and twelve Fruits of the Holy Spirit, so that we remain firmly in Your grace and love and that we recognize what is inspired in the heart by You, Almighty Holy God, and what comes from the devil, the unclean spirit².

We ask for the Gift of Discernment of Spirits³.

God Holy Spirit, grant us firm faith and Your peace, so that we are always in Your truth⁴. Enlighten, strengthen, sanctify, comfort, rule, and lead us always⁵.

Take away from us human fear, doubt, and especially the spirit of possession⁶.

Preserve us from lies, greed, and false doctrine⁷.

Holy Mother of God, protect us with Your Holy Angels, so that we remain always inseparably connected with Almighty Holy Triune God, Father, Son, and Holy Spirit⁸.

Saint Joseph, protect the families that are separated from Holy God⁹.

(Matthew 5:31-32 – 7th Commandment: You shall not break the marriage¹⁰).

Saint Michael the Archangel, with the nine Choirs of the Holy Angels, always defend us against the devils, so that we walk the narrow right path to Paradise¹¹. Amen¹².

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The 7 Gifts and Twelve Fruits of the Holy Spirit

German (Deutsch)	The 7 Gifts (Die 7 Gaben) ¹³	The 12 Fruits (Die 12 Früchte) ¹⁴	
Weisheit ¹⁵	1. Wisdom	1. Love	(Liebe) ¹⁶
Einsicht ¹⁷	2. Understanding	2. Joy	(Freude) ¹⁸
Rat ¹⁹	3. Counsel	3. Peace	(Friede) ²⁰
Stärke ²¹	4. Fortitude	4. Patience (Longsuffering)	(Langmut/Geduld) ²²
Erkenntnis ²³	5. Knowledge	5. Kindness	(Freundlichkeit) ²⁴
Frömmigkeit ²⁵	6. Piety	6. Goodness	(Güte) ²⁶
Gottesfurcht ²⁷	7. Fear of God	7. Faithfulness	(Treue) ²⁸
		8. Gentleness (Meekness)	(Sanftmut) ²⁹
		9. Self-control	(Selbstbeherrschung) ³⁰
		10. Chastity	(Keuschheit) ³¹
		11. Modesty	(Bescheidenheit) ³²
		12. Continence (Temperance)	(Enthaltsamkeit) ³³

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